

## **WEST BENGAL STATE UNIVERSITY**

Under Graduate Curriculum for the B. A. (General) degree course in HUMAN DEVELOPMENT

W.e.f. 2011-12 academic year

COURSE STRUCTURE
Full Marks: 400 (Theoretical: 270, Practical: 130)

Paper-I: Theory

Part-I

Paper-II: Theory

Part-II

Paper-III: Practical

Part-III

Paper-IV:
Unit-I: Theory
Unit-II: Practical

Part-III

100

(70)
(30)

Paper-I: Theory- 100 marks

Unit-I= 50 Marks

- I. Introduction to Human Development:
- Approaches to the study of human development Longitudinal and Cross-Sectional, Methods of studying human development Observation, Interview and Questionnaire.
  - Principles of growth and development- roles of heredity and environment in human development
- Conception, Maturation, ovulation, fertilization, course of prenatal development, factors influencing prenatal development.
- Birth of the baby- the characteristics of the neonate, care of the neonate-feeding, weaning, supplementary feeding, sleep routine, clothing, bathing, immunization schedule.
- 4 Areas of development- Infancy, childhood, adolescence, adulthood, old age.

  (Physical, motor, social, emotion, language.)

Unit-II= 50 Marks

- I. Societal influences on Human Development:
- Marriage- definition, functions, types, changing trends, marital adjustment and its influencing factors.
- 2. Family- definition, functions and types, changing trends and its influencing factors, influence of family on the development of child.
- Problems related to marriage and family-divorce, single parenthood, domestic violence, poverty and unemployment.
  - Influence of pre-school (nursery), school and peer on the development of the child.

Paper-II: Theory- 100 marks

Unit-I= 50 Marks

- I. Psychological bases of Human Development:
  - 1. Key theoretical concepts
    - i) Psychoanalytic theory-Freud.
    - ii) Psychosocial theory-Erikson.

Cin Cognitive theory-Piaget. (.6

- 2 Socialization- Definition, agents, gender difference in socialization and cultural differences in socialization. (- (5)
- 3. Emotion Definition, primary emotions (basic emotions). Behavioural expression of common emotions, controlling emotions. P. B
  - 4. Intelligence Definition, factors influencing intelligence, intelligence test.
- 6. Personality- Definition, factors influencing personality, personality test.

Unit-II= 50 Marks

- I. Behavioural Problems and Children with Special Needs:
- Child with Special needs- definition, types (blind, deaf, communication disorder, mental retardation, gifted), identification, causes, rehabilitation.
- Behavioural problems- Definition. Causes of and remedies for behaviour problems in children: thumb sucking, bedwetting, fear, anxiety, shyness, temper tantrum, stealing, lying and truancy. ( B
- Guidance and counselling- definition, process and types.

Paper-III: Practical- 100 Marks

- Report on the study of growth and development in infancy (0-2 yrs.). (Physical, motor, language, social, immunization, sleep and food routine)
- 2. Psychological testing of a child (3-12 yrs.)
- Preparing a resource material for generating awareness on nutritional needs of pregnant/expectant mothers/ children. (-)
  - Visit to an institution working for child with special needs and preparing a report on that visit.
- 5. Conducting a survey in the community on the problems of women and elderly.

## Paper-IV

## Paper IV A: Theory- 70 Marks

I. Environmental education and child welfare:

Environment – Definition, components, effects of environment on human behaviour and human behaviour on the environment. NGO's working for environmental causes.

2. Child Welfare- Definition, objectives and philosophies, National policies and legislation related to children, Welfare agencies and services: governmental and non-governmental.

Women Welfare- Definition, objectives, National policies and legislation related to women, programmes for women welfare.

1. 0 4. Concepts of Human Development Index.

## Paper IV B: Practical- 30 Marks

Case study of a child belonging to any one of the following families:-

- Single parent family.
  - ji) Dual earner family.
- Families in extreme poverty.
  - iv) Inter-caste/religion family.

2. Preparing a resource material for generating awareness among masses on child and women welfare.